



Solano County LIBRARY

Equity, Diversity & Inclusion

WORDS FOR CHANGE

Ally

Someone who makes the commitment and effort to recognize their privilege (based on gender, class, race, sexual identity, etc.) and work in solidarity with oppressed groups in the struggle for justice. Allies understand that it is in their own interest to end all forms of oppression, even those from which they may benefit in concrete ways.

Articles

[Be A Better Ally](#)

[What is an Ally?](#)

Videos for adults

[5 Tips For Being An Ally – YouTube](#)

Videos for children

[Be An Ally | The Crystal Gems Say Be Anti-Racist | Cartoon Network – YouTube](#)

Reflection and Discussion Questions

Questions for Adults/Teens:

- Do you know anyone who considers themselves to be an ally? Do you identify as an ally?
- What privileges (Able bodied, socioeconomic, racial, sexual orientation) or biases can you identify that you have?
- What do you think it takes to be an ally? What are some things that can prevent someone from being an ally?
- What are some ways in which allies can be included to combat difficult social situations?
- What do you/can you do to educate yourself further?

Questions for Kids:

- What is an ally?
- What is an example of being an ally/what can you do with your friends to be an ally?
- What can kids do to create more allies?
- Can you think of a cartoon/book/videogame character that is a good ally? Why/How are they a good ally?
- What would you want your friends/family to do to be an ally for you?

DIVE DEEPER

Want to learn even more? Check out some of these more in-depth articles, videos, and books.

Articles

[Learning to be an Ally for People from Diverse Groups and Backgrounds](#)
[A Guide to Allyship – Association of American Medical Colleges](#)
[Allyship – The Key To Unlocking The Power Of Diversity](#)

Videos for adults/teens

[3 Ways To Be a Better Ally in the Workplace](#)
[The Bystander Effect | The Science of Empathy](#)

Videos for children

[Kids Explain Allyship](#)

Book Recommendations

Adults

- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [Why are All the Black Kids Sitting Together in the Cafeteria?](#) By Beverly Daniel Tatum
- [The Savvy Ally](#) by Jeannie Gainsburg

Teens

- [This Book is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do the Work](#) by Tiffany Jewell (11-15 yrs)
- [How I Resist: Activism and Hope for a New Generation](#) edited by Maureen Johnson
- [Steal This Country: A Handbook for Resistance, Persistence, and Fixing Almost Anything](#) by Alexandra Styron

Children

- [Antiracist Baby](#) by Ibram X. Kendi (AGES 0-3)
- [Just Ask!: Be Different, Be Brave, Be You](#) by Sonia Sotomayor (AGES 4-8)
- [Intersectional Allies: We Make Room for All](#) by Chelsea Johnson (AGES 6-12)